

# Virtual Behavioral Health







## Counseling (Only)

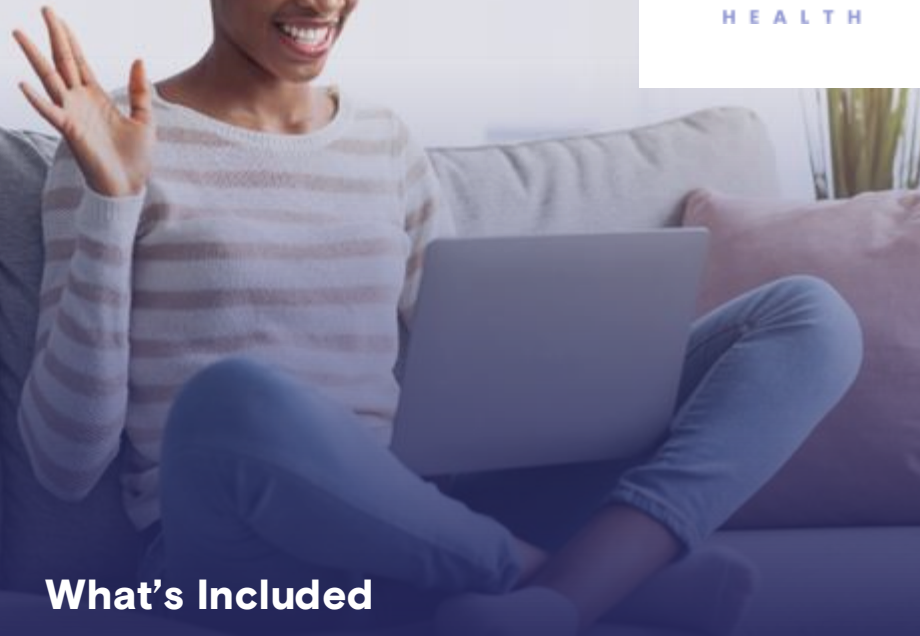
Recuro's comprehensive behavioral health care offers a wide spectrum of coverage, including therapy and counseling. Recuro's Behavioral Health solution gives members virtual access to connect with a Licensed Counselor through secure and private online video and phone sessions, whenever and wherever they need it in all 50 states. Our virtual services are available whenever and wherever it is convenient for you on a digital device.

**\$0 Your Copay**

First 3 Visits - \$0 Consult Fee  
 Additional Visits - Consult Fee  
 \$85 paid by the Member

## Example Conditions Treated

-  Depression & Anxiety
-  Stress Management
-  Eating Disorders
-  Anger Management
-  Grief or Loss
-  Marriage Counseling



## What's Included

-  Therapy & Counseling
-  Health Risk Assessment
-  Risk Stratification
-  Primary Care Coordination

## Service Highlights



### Psychiatry

Psychotherapy and mental health medication management.



### Therapy & Counseling

Therapy and counseling services from social workers and mental health psychologists.



### Health Risk Assessment

Behavioral health-focused risk assessment including depression and anxiety.

